

Welcome to the



# Who we are .

Founded by Joseph O'Connor and Andrea Lages in 2001, the ICC is a non-for profit organization registered in the United Kingdom and it is one of the largest professional organizations for coaches around the globe, with more than 12,000 coaches certified in 67 countries.



The ICC has permanent presence in more than 25 countries in the 5 continents becoming a key reference for professional coaching education through a network of international certified trainers.





The ICC certifies training programs that use the methodology created by Lambent. The Lambent Coaching methodology **was awarded with the European Quality Award (EQA) in 2010 by the European Mentoring & Coaching Council (EMCC)** and has been used to train thousands of coaches since 2001.





# Delivering outstanding coaching education around the globe

The International Coaching Community offers you more than 100 trainings per year in the 5 continents and is the only coaching community that shares the same methodology in every part of the world, allowing you to coordinate global coaching projects with coaches using the same language, models and tools.

Become an ICC Certified Coach and join us.

# Coaching the World

# Meet the ICC trainers



Alberto Batista Nandja  
Mozambique



Alejandro Feiges  
Argentina



Alexandra Lemos  
Portugal



Alisa Miniotaite  
Lithuania



Andrea Lages  
Brasil



Angel Cortes L.  
El Salvador



Angela Neighbours  
Australia and New Zealand



Anneli Hermanstad  
Norway



Bruna Sabbag  
Brasil



Carolina E. Lopasso  
Argentina



Daniel Alvarez Lamas  
Spain



Daniel Barrero  
Ecuador

# Meet the ICC trainers



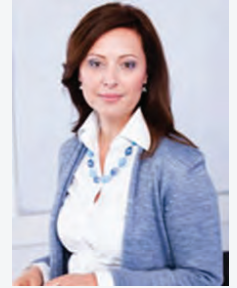
Elene Uneståhl  
Sweden



Guillermo Mendoza  
United States



Irene Corry  
Indonesia



Iryna Maretskaya  
Belarus



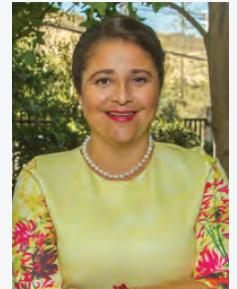
Jens Toerskin  
Denmark



Jihane Boutaleb  
Morocco



Joseph O'Connor  
UK



Joyce Veloso  
Chile



Karina Pittini  
Uruguay



Karyn Trader-Leigh  
United States



Katsuyoshi Wakamoto  
Japan



Lars-Eric Uneståhl  
Sweden



# Meet the ICC trainers



Leyla Suarez  
Venezuela



Luciano Viana  
Brasil



Ludmila Frolova  
Russia



Marcela Parga  
Spain



Marcos Silva  
Brasil



Maria Bruederlin  
United States



Natalie Vasina  
Russia



Nick Cheong  
Brasil



Nobuko Kobayashi  
Japan



Patricia Zambrano  
Mexico



Piotr Pilipczuk  
Poland



Raechel Ford  
Australia and New Zealand

# Meet the ICC trainers



Rafal Nykiel  
Poland



Ricardo Alonso  
Mexico



Samuel Lau  
China



Sandra Alfaro  
Peru



Sonia Colombo  
Dominican Republic



Viviana Quintero  
Colombia



Yoichiro Sugii  
Japan



Yukinobu Yasui, D.C.  
Japan



# THE ICC IS DESIGNED FOR YOU



## KNOWLEDGE FOR CHANGES

We invite you on a journey of knowledge, discovery and self-development. Be inspired by our unique talents and purpose to create changes in your life, your organization, your country and the world.



## HIGHEST STANDARDS

We are committed to developing all levels of the coaching profession via training of the highest standards of quality. Our training includes exercises for personal and professional coaching with highly certified international trainers.



## LIFETIME MEMBERSHIP

Our community offers a lifetime membership that does not require annual dues or renewal.

# THE ICC IS DESIGNED FOR YOU



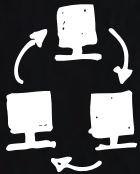
## GLOBAL NETWORKING

Contact members around the world through the exclusive social network for certified coaches.



## CONTINUOUS TRAINING

The ICC Academy offers free webinars and distance courses with international trainers.



## GLOBAL SUPPORT

ICC coaches can rely on a personal profile on the ICC website to refer clients to and endorse their certification.



## EXCLUSIVE BENEFITS

ICC offers its members exclusive discounts for training programs and international events.



## REFERENCE NETWORK

Become part of the recommendation network for ICC coaches so that clients can contact you.



## Continued Education for your personal and professional development

The ICC Continuous Education Program offers international master classes to coaches and the general public. They present new and powerful tool, models and sights to take people to the next level.





The ICC Academy is a global source for continued education for coaches providing online seminars, innovative articles and distance learning courses delivered by the ICC international network of trainers.



**INTERNATIONAL  
COACHING  
COMMUNITY**  
A C A D E M Y

## Free webinars

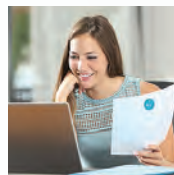
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Enjoy our non-stop education. Sign up for our free webinars to add more coaching tools and knowledge to your coaching practice.

## Online courses

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Join the international specialization courses with trainers from all around the world from the comfort of your mobile device or computer.

## Articles Library

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Read our articles and participate by asking questions to continue growing in knowledge and community.

## Store

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Books and audiobooks for you to keep training yourself as a coach!

# What is Coaching and how can it help you?

Coaching has been defined in many ways and its essence is simply to help a person, team or organization to change in the way they want and becoming who they want to be. It unlocks people's potential to maximize their performance and helps them to learn rather than teaching them.



**90%** of companies using coaching see tangible results for both business and individuals

**90%**



More than **40%** of Fortune 500 companies use coaching to develop their leaders and get extraordinary business results

**+40%**

# ICC Certified Trainings

## Professional coaching education



The International Coaching Community provides you with professional coaching education covering individual, team and executive coaching programs.

### **Level 1** Fundamentals

International Coaching Certification

### **Level 2** Specialization

Team Coaching

Executive Coaching

Business Coaching

Life Coaching

*Först ut i Sverige - Business och Executive i en sammanslagen kurs! - Det bästa av båda utbildningarna.*



# ICC Certified Trainings



## **International Coaching Certification**

With this program you will be able to become a member of the ICC. This training will help you acquire and develop the fundamental skills necessary to practice coaching in the personal and organizational sphere.



## **Team Coaching**

Organizations that have already tested the effectiveness of individual coaching are introducing this philosophy at all levels, for which highly specialized coaches are needed to create more cohesive, creative and efficient work teams.

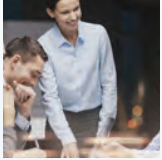


## **Executive Coaching**

This program will allow you to be an accredited executive coach. The certification will enable you to guide leaders, executives and organizations to deliver better results and reach the highest level of performance.



# ICC Certified Trainings



## **Business Coaching**

More and more businesses are investing in coaching to develop their senior managers' leadership skills. This course will help you develop yourself as a coach and become one of the elite coaches for leaders. This is an advanced training course open to coaches certified by ICC who have already completed the relevant initial training.



## **Life Coaching**

Businesses lose millions of euros, pounds, and dollars each year because their employees are stressed, miss work, or make poor decisions when they are there. This unique course is geared to train coaches to help people balance their lives.



# ICC Certified Trainings

The ICC uses the Lambent coaching methodology and has certified more than 12,000 coaches since 2001 in the 5 continents. This methodology integrates the best of coaching models with powerful learning principles, including foundational knowledge from Humanistic Psychology, Linguistics, Constructivism, Integral studies, Eastern philosophies and Systemic thinking.

**The method is an integrated framework from the following main coaching models:**

- Ontological Coaching (Fernando Flores, James Flaherty and Julio Ollala)
- Integral studies (Ken Wilber)
- Inner Game and Co-active Coaching (Laura Whitworth, Timothy Gallwey and Sir John Whitmore)
- Positive Psychology (Martin Seligman)
- Evidence based Coaching (Anthony Grant)
- Neuro-Linguistic programming (John Grinder and Richard Bandler) and
- Behavioural Coaching (Perry Zeus and Suzanne Skiffington)

**This methodology has been independently evaluated according to University Standards. It has been awarded a European Quality Award (EQA) in 2010 by the European Mentoring and Coaching Council (EMCC).**










The background of the slide features a close-up, shallow depth-of-field photograph of a white smartphone resting on a white laptop. The smartphone's screen is black with a blue circular logo in the center containing the white letters 'ICC'. The laptop's keyboard is partially visible on the left side, and the laptop's trackpad is in the foreground. The overall aesthetic is clean and professional.

# Contact us

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